

## LUNCH WEEK 1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>GLOBAL ADVENTURE</b>	<b>THAI</b> Thai Red Chicken Curry  Sticky Jasmine Rice  Sweet Chilli Broccoli	<b>CHINESE</b> BBQ Mandarin Chicken  Beggars Noodles  Wok Tossed Oriental Vegetables	<b>INDIAN</b> Chicken Tikka Masala  Jeera Aloo (cumin flavoured potato)  Chana Saag (Indian Spiced Spinach)	<b>BRITISH</b> Breaded Pollack  Paprika Dusted Chips  Mushy Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Spicy Quorn Dog	<b>WINGS &amp; THINGS</b> Chicken pieces Flatbread Wrap with Lemon & Herb or Piri Piri	<b>DEEP SOUTH DINER</b> Ultimate Quorn Burger	<b>DEEP SOUTH DINER</b> Cajun Pulled Chicken & Bean Pitta
	Loaded Triple Mac 'N' Cheese (v)	Bbq Boston Beans in a Steamed Bun	Burrito Mexican Spicy Quorn	Spicy Veg & Bean Quesadilla (v)
	Cajun Wedges	Spicy Rice	Baked Garlic & Herb Wedges	Paprika Dusted Chips
	Caesar Salad	Chilli Sweetcorn	Green Salad	Apple Slaw
<b>SPEEDY ITALIAN</b>	Veggie Supreme Pizza (v)	Tuna & Sweetcorn Pizza	Hawaiian Pizza	BBQ Chicken Pizza
	Veg Bolognese Pasta Sauce (v)	Quorn & Vegetable Lasagne (v)	Arrabiata Pasta (v)	Herby Tomato Pasta (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
<b>DESSERT</b>	Plum & Cinnamon Twice Baked Crumble with Custard	Peach Melba Slice	Apple and Blackberry Pie with Custard	Yoghurt with Warm Berry Compote

## LUNCH WEEK 2

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>GLOBAL ADVENTURE</b>	<b>INDIAN</b> Butter Chicken  Naan  Tarka Dhal	<b>CARIBBEAN</b> Chicken Pepperpot Stew  Herb Dumpling  Mixed Greens	<b>BRITISH</b> Roast Chicken  Roast Potatoes  Peas & Carrots	<b>THAI</b> Fishcakes  Baked Garlic & Herb Wedges  Som Tam Green Mango Salad
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> BBQ Quorn Wrap (v)	<b>WINGS &amp; THINGS</b> Chicken pieces in pannini brushed with BBQ or Piri Piri	<b>DEEP SOUTH DINER</b> Lettuce Quorn Burger with Sweet Tomato Salsa	<b>DEEP SOUTH DINER</b> Texas Bbq Chicken
	Veggie Quarter Pounder (v)	Veggie Chilli Tacos (v)	Sweet Potato & Black Bean Enchilada (v)	Feta & Beetroot Burger (v)
	Paprika Wedges	Spicy Rice	Chips	Baked Garlic & Herb Wedges
	House Slaw	BBQ Beans	Sweet Chilli Slaw	Corn on the Cob
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	Chicken Supreme Pizza	Veggie Supreme Pizza (v)	Sicilian Cheese & Tomato Pizza (V)
	Arrabiata Pasta (v)	Veggie Lasagne (v)	BBQ Chicken Pasta*	Italian Chicken Pasta
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
<b>DESSERT</b>	Warm Lemon and Almond Pudding with Custard	Chocolate Brownie and Vanilla sauce	Apple and Cinnamon Brown Betty with Custard	Seasonal Fruit salad (fruit Based)

## LUNCH WEEK 3

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>GLOBAL ADVENTURE</b>	<p style="text-align: center;"><b>CHINESE</b> Mongolian vegetarian Lions Head Meatballs</p> <p style="text-align: center;">Singapore Rice Noodles</p> <p style="text-align: center;">Stir Fried Greens</p>	<p style="text-align: center;"><b>CARIBBEAN</b> Chilli Barbecued Chicken</p> <p style="text-align: center;">Wholegrain Rice*</p> <p style="text-align: center;">Caribbean Stewed Tomatoes &amp; Beans</p>	<p style="text-align: center;"><b>MEXICAN</b> Chicken Birria</p> <p style="text-align: center;">Potato &amp; Onion Hash</p> <p style="text-align: center;">Sweetcorn</p>	<p style="text-align: center;"><b>JAPANESE</b> Battered Pollack &amp; Katsu Sauce</p> <p style="text-align: center;">Chips</p> <p style="text-align: center;">Peas</p>
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Quorn Burger in a Bun with Tomato Relish	<b>WINGS &amp; THINGS</b> Chicken brushed with Lemon & Herb or Sticky Tabasco in a panninni	<b>DEEP SOUTH DINER</b> New York Hot Dog	<b>DEEP SOUTH DINER</b> Chilli Chicken Nachos
	Cauliflower & Creamed Corn Bake (v)	Halloumi & Mushroom Wrap (v)	Black Eyed Bean Veggie Burger (v)	Lentil, Pepper & Sweetcorn Sloppy Joe
	Baked Spicy Sweet Potato (no oil)	Tex Mex Rice	Paprika Wedges (no oil)	Chips
	Red Slaw	Coriander & Chilli Corn on the Cob	House Slaw	BBQ Beans
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	3 Cheese Sicilian Pizza (v)	Mushroom & Sweetcorn Pizza (v)	Cajun Chicken Sizzler Pizza
	Cheesy Penne Pasta (v)	Chicken & Tomato Pasta Bake*	Carbonara Pasta	Pasta Neapolitan* (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
<b>DESSERT</b>	Apple Crumble with Custard (fruit Based)	Mango Fool	Blackberry and Coconut Slice	Chocolate Sponge with Chocolate Sauce