



Eden Girls

Thursday 9th April 2020 – 16th Shabaan 1441

Assalaamu Alaikum – ‘Peace be upon you’

Dear Pupils

RE: STAR Acts of Kindness

We hope you and your families are well.

It is important to remember that, although we are apart as a school family at this moment, we must remain united in our shared beliefs and values. We hope these activities will help you to live the values we all believe in. Putting our faith into action is an essential part of our faith.

All the activities listed below uphold our school values and Islamic belief:

- Service
- Teamwork
- Ambition
- Respect

Please read through all the STAR Acts of Kindness.

We would like you to:

- **Choose one activity from each of the STAR values – so pick four in total.**
- **When you have completed an activity, take a picture. When all four are completed, email the pictures or attachments to the school with your name and form group, in the subject box write – My Acts of Kindness – email to: info@egcoventry.staracademies.org.**

There will be an award for the best submission in each of the categories and you will receive 4 Achievement points for every activity you complete.

You may wish to do more than four activities, for every extra activity you will be awarded Achievement points.

Go for it – be the best you can be and complete these Acts of Kindness over the Easter holidays! The very best work will be shared in an anthology of Hope and Kindness for all to see.

Stay safe and well with your families.

Yours faithfully

Moulana Zubair Khalifa

Faith and Character Education Lead

Mrs Khan

Rapid Improvement Lead



STAR Values	Activity	Link to Faith
1. Service	Sort through the things you own, then donate some unwanted items to charity.	The Prophet (PBUH) said, <i>“Allah said: Spend in charity, O son of Adam, and I will spend on you.”</i> (Muslim)
	Design and make a bird feeder for your garden.	The Prophet (PBUH) said: <i>There is no Muslim who plants a tree or sows seeds and then a bird, or a person, or an animal eats from it except that it is regarded as a charity for him.</i> (Muslim)
	Using items for re-cycling, make a gift for a member of your family.	The Prophet (PBUH) said: <i>“When a Muslim spends something on his family intending to receive Allah’s reward it is regarded as Sadaqah (charity) for him.”</i> (Bukhari)
2. Teamwork	With a member of your family, prepare a meal/or bake a cake to share.	The Prophet (PBUH) said: <i>“Verily, the believers are like a structure, each part strengthening the other,”</i> and the Prophet clasped his fingers together. (Bukhari)
	Help with housework	
3. Ambition	Write your own dua for the world.	The Prophet (PBUH) said: <i>“No Muslim servant supplicates for his brother behind his back but that the angel says: And for you the same.”</i> (Muslim)
	Focus on Hope – write a poem or a letter that can be sent to a care home resident/hospital patient.	<i>“Allah does not burden a soul beyond that it can bear”</i> [Quran 2:286] <i>“And whoever relies upon Allah – then He is sufficient for him...”</i> (Quran 65:3) <i>“My mercy encompasses all things”</i> (Quran 7:156)

STAR Values	Activity	Link to Faith
4. Respect	Write a letter of thanks to the NHS for all the brilliant work they are doing.	The Prophet (PBUH) said: <i>“Whoever is not grateful for small things will not be grateful for large things. Whoever does not thank people has not thanked the Almighty.”</i>
	Write a letter of thanks to someone you really appreciate e.g. a parent/brother/sister/neighbour/teacher/friend.	
	Write a list of ‘Top Ten’ things in your life you are grateful to Allah for.	<i>And if you tried to count Allah’s blessings, you would never be able to number them. Surely Allah is All-Forgiving, Most Merciful.</i> (Quran 16:18)
	Draw a poster, illustrating all the good things in your life you give thanks to Allah for.	The Prophet (PBUH) said: <i>“The first to be called to Paradise are those who always praised Allah in times of ease and adversity.”</i> (al-Mu’jam al-Kabīr)