

3rd February 2023–12th Rajab 1444

Assalaamu Alaikum - 'Peace be upon you'

Dear Parents/Carers,

RE: Cultural dress day for Children's Mental Health Week

On Friday **10**th **February 2023,** Eden Girls' School will be fundraising to support the mental health of children and young people throughout the UK, as part of Place2Be's Children's Mental Health Week.

Children's Mental Health Week is taking place from 6 - 12 February 2023 and is an opportunity to shine a spotlight on and raise awareness for children and young people's mental health.

Place2Be believe every child should have easy access to mental health support whenever they need it. They create safe spaces in schools where students can open up without pressure, arming them with emotional skills to help deal with everything life throws at them. As a charity, **Place2Be** rely heavily on the generosity and support of the community to continue their essential work in the future and to reach children before it is too late.

On Friday 10th February, pupils are permitted to wear their own cultural dress on the day as long as it is appropriate, instead of their usual school uniform. Please note, non-uniform clothing that is not cultural clothing will not be permitted on the day e.g. hoodies, jeans, etc.

If every pupil and member of staff in our school supports this event by donating a minimum of £1, we would raise over £700 in one day.

Pupils should bring their donation with them on the day; a collection tin will be present in every form room, in which all donations should be deposited in the morning.

If you have any further queries relating to this day, please do not hesitate to contact us.

Thank you for your continued support.

Yours faithfully,

Zubair Khalifa

(Assistant Principal)

